

Can Osteopathy help you?

IF pain has become the bane of your life and nothing seems to help, perhaps it is time you visited one of the osteopaths at The Natural Health Service.

The clinic at 123 High Street, Glasgow, aims to treat many painful conditions – including headaches, lower back pain, neck pain, whiplash, scoliosis, numbness of hands and arms, shoulder pain, sciatica, stress, and arthritis – and promises to refer you to another specialist if it cannot help.

The Natural Health Service opened in 1989 and has helped many patients manage their pain.

It is registered with leading providers of healthcare insurance including BUPA, AXA, and Standard Life, and owner Asif Allauddin is now an osteopath for larger companies and local authorities.

Asif said: "We offer a very relaxed, warm, and welcoming atmosphere in nice, ambient surroundings.

"We offer a high level of service. People don't always know what to expect with a consultation, but if we feel we can't help them, we will refer them to the appropriate specialist free of charge."

The Natural Health Service has three experienced osteopaths. Each is a member of the General Osteopathic Council. Asif Allauddin joined the practice in 1994. He is an active member of the Scottish Osteopathic Society and also runs an osteopathic clinic in Lenzie.



Daniel Gerber joined the Natural Health Service in 2001. It has been his constant aim to reduce pain and improve the health of his patients with the least amount of osteopathic treatments. He states: "My job is to listen to you and assess your healthcare needs accurately, then with your input, formulate a plan of action to help you achieve your health goals, whatever they may be." Daniel is the only registered

Practitioner of the Raymond Perrin Technique in Glasgow. This technique is used to treat Chronic Fatigue Syndrome/ME by draining toxins from the central nervous system.

Melissa McDougall joined in 2009 after working within the Australian Football League and in private practice. She is a registered pilates instructor and specialises in osteopathy for children.

All ages are welcome at the clinic, with prices ranging from £33 for adult consultations to £28 for concessions and children.

However, until 10th April 2010, the clinic is offering a complete consultation and examination using its spinal analysis machine for just £5.

We are pleased to offer this service at a special price to celebrate more than 20 years in practice.

The Natural Health Service can be found at:

The Natural Health Service

123 High Street, Glasgow, G1 1PH

info@glasgow-osteopaths.co.uk. Tel:01415524420

Are you in PAIN? Can Osteopathy help you?

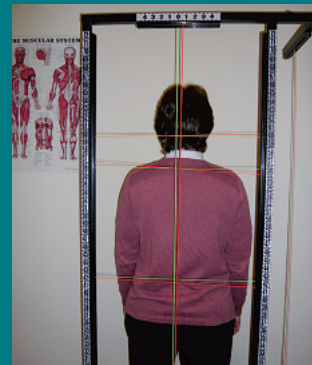
We are often asked, "What's the best way of finding out whether an Osteopath can help my problem?" We believe the answer can be found in a complete consultation and examination, including a posture assessment using a spinal analysis machine.

At The Natural Health Service we shall do just that (procedures that normally cost £33) for a special price of £5.

Expiry date: 10th April 2010

Your initial visit will include:

- A private consultation with an osteopath
- A thorough examination including Orthopaedic and Neurological tests
- A posture assessment including your own printout with pictures and analysis
- A confidential report of our findings
- An explanation of our treatment procedure if we determine Osteopathy will help you
- A referral to the appropriate specialist if necessary



Symptoms and danger signals:

- Headaches
- Lower back pain
- Neck pain
- Whiplash
- Scoliosis
- Numbness in hands or arms
- Pain between shoulders
- Sciatica
- Stress
- Arthritis

If you are experiencing any of these symptoms, call us TODAY for an appointment and take advantage of this exceptional limited offer.

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